

I'm not a robot



The Phentermine Weight Loss Calculator serves as a helpful tool for individuals keen on managing their weight effectively. Based on established data, individuals using Phentermine commonly experience positive outcomes, generally witnessing an average weight reduction of approximately 6 pounds per month. This calculator simplifies the estimation process, aiding users in projecting their potential weight loss over a specific duration. Patients utilizing Phentermine typically encounter favorable changes, experiencing an average weight loss of around 6 pounds monthly. This impact serves as the foundational basis for the Phentermine Weight Loss Calculator, offering a tangible estimation of potential weight loss based on this established metric. See also Calories Burned Fasting Calculator OnlineTo further assist users, here is a simplified table of general terms and conversions frequently searched for:Starting Weight (lbs)MonthsEstimated Weight Loss1501144 lbs203182 lbs180614 lbsLet's take an instance to demonstrate the application of the calculator. Suppose an individual's starting weight is 180 pounds, and they intend to use Phentermine for 6 months. Based on the established average, their estimated weight loss would be 144 pounds. Is the Phentermine Weight Loss Calculator accurate for everyone? While the calculator provides an estimated weight loss based on established averages, individual results may vary due to factors like metabolism, lifestyle, and adherence to medication. 3. How frequently should one use the Phentermine Weight Loss Calculator? The calculator can be used whenever an individual desires to estimate potential weight loss when using Phentermine over a specific duration. However, it's important to consult a healthcare professional for personalized guidance. ShareAlike and redistribute the material in any medium or format for any purpose, even commercially. Adapt remix, transform, or build upon the material for any purpose, even commercially. The licensor cannot revoke these freedoms as long as you follow the license terms. Attribution You must give appropriate credit , provide a link to the license, and indicate if changes were made. You may do so in any reasonable manner, but not in any way that suggests the licensor endorses you or your use. ShareAlike If you remix, transform, or build upon the material, you must distribute your contributions under the same license as the original. No additional restrictions You may not apply legal terms or technological measures that legally restrict others from doing anything the license permits. You do not have to comply with the license for elements of the material in the public domain or where your use is permitted by an applicable exception or limitation . No warranties are given. The license may not give you all of the permissions necessary for your intended use. For example, other rights such as publicity, privacy, or moral rights may limit how you use the material. Phentermine comes as tablets and extended-release capsules. It usually is taken as a single daily dose in the morning or three times a day 30 minutes before meals. Follow the directions on your prescription label carefully, and ask your doctor or pharmacist to explain any part you do not understand. Take phentermine exactly as directed.Most people take phentermine for 3 to 6 weeks; the length of treatment depends on how you respond to the medication. Phentermine can be habit-forming. Do not take a larger dose, take it more often, or take it for a longer period than your doctor tells you to.If you are taking the extended-release (long-acting) tablets, do not split, chew, or crush them tablet. There are some tablets that can be crushed and mixed with food. User Comments 46 Answered Questions Within the dynamic landscape of weight loss solutions, Axcion stands out as a name that echoes through the halls of high-end fitness centers and spreads across the digital chatter of social media. Axcion has swiftly ascended to the spotlight, but beneath the buzz, what is the substance of this drug that pledges to pare down pounds? Is Axcion the elusive key to weight management, or merely a transient fad amidst a plethora of diet pills? Join us as we delve into the scientific underpinnings, and the optimistic aspects of Axcion's potent appetite suppressant phentermine as its core. Axcion boasts of its ability to reign hunger pangs by acting upon the central nervous system. Axcion's reputation predominates in Mexico, where it's recognized as a significant aid in the battle against excess weight, a battle that many are eager to wage. In an age where the pursuit of slimming aids is relentless, Axcions claim to suppress the appetite has made it an object of intense desire.Our researchers dug deeper and found that Axcion is usually prescribed to overweight patients. We examined everything drug to get the full picture, then summarized all the prescription info to give you the bottom line on this supplement.What is Axcion?Axcion is a prescription pill for weight loss that features phentermine as its primary ingredient. Essentially, it is the European version of phentermine. The drugs idea is to suppress appetite, which leads to less eating, and invariably, losing weight.LiverTox Phentermine is one of the longest-prescribed weight-loss options available today with 50 years on the market.Journal of the American Medical Association In the US, phentermine is added to other ingredients, like topiramate, for long-term obesity treatment, but that doesnt appear to be the case with Axcion.Korean Journal of Family Medicine There's also the potential adverse events to consider when choosing an amphetamine or super stimulant like phentermine.It is not an over-the-counter drug you have to get a prescription from a certified doctor to use it. If you're already bud and looking for a way to look better, this drug might not be for you.If you, however, decide to use it nonetheless, you might be risking serious medical complications. Axcion was designed to help people who are medically overweight with associating problems to lose weight by suppressing their hunger, forcing them to eat less.It is imperative to note that Axcion is in no way a one-fit fix. It is suggested that anyone taking Axcion would need to make certain life changes, like follow a prescribed regular workout routine and make significant changes to their diet, making sure to stay away from excess sugars, fats, and calories.Also, Axcion should be used for a fixed period and not long term.Axcion CompetitorsHow Did Axcion Get Started?Axcion is a Mexican brand of long-term weight loss pills by IFA Celctics, a Mexican pharmaceutical company.The medication was created to help obese individuals lose weight.Scroll below for one of the best products we've seen over the last year.Axcion Ingredients Responsible for Weight LossPhentermine hydrochloride is the only active ingredient in Axcion. The medication is available in two different strengths 15mg tablets designed for immediate release, and 30mg extended release tablets. User instructions recommend taking 15-37mg of Axcion every morning before or up to two hours after breakfast. While the 15mg dose is convenient as a single pill, accurately measuring out the higher 37mg dosage would be difficult without splitting or combining tablets.Axcion works by containing phentermine, which stimulates the hypothalamus in the brain to secrete dopamine and norepinephrine. These hormones induce feelings of fullness and satisfaction, leading to decreased food consumption and subsequent weight loss. By boosting levels of these neurotransmitters, phentermine may also elevate metabolic rate to facilitate fat burning.The primary agent in Axcion responsible for its appetite suppressing effects is phentermine alone. Unlike other weight management supplements on the market, Axcion does not combine phentermine with other inactive ingredients to lessen its potency. It works by targeting a part of the brain called the hypothalamus. This stimulation affects the central nervous system, which helps to reduce hunger and assist in weight loss.What is Phentermine?Phentermine is a chemical stimulant that works in the same way that amphetamines work. It stimulates neurons in the brain, causing them to release neurotransmitters.This stimulates the central nervous system and alters certain functions positively. This is the reason phentermine is known to act as an appetite suppressant.It modifies the users craving for food, making them eat less than they usually would. Drugs containing phentermine, like Axcion, are typically prescribed to overweight and obese people who cant lose weight through the usual, non-chemical methods like workouts and dieting.According to theNational Institutes of Health, a potential user should know that drugs containing phentermine should not be used with any other medication except as expressly prescribed by a doctor.If first entered the market in 1959, Phen-Phen combination in 1959. It was still banned in 1997 because of its components, fenfluramine, based on information in Therapeutic Advances in Drug Safety. However, sometime in 2012, it found its way back into the market, this time in a different combination approved in the United States of America. Contraindications: Safety of FirstAxcion AP has been referred to as an anorexigenic drug, which means that it may help people lose weight.While this could be an excellent drug for people that have been unsuccessfully trying to lose a lot of weight, according to the company, the following people should not use it:Those who are allergic to phentermine.Anyone allergic to other diet pills and/or stimulants will probably be allergic to Axcion.How to Take Axcion: DirectionsSo, the first important thing is to define who needs it. We have already settled that the person who might need to be prescribed Axcion pills is overweight or obese and who have tried to lose weight and hasn't.Next, you have to get a prescription from your doctor; it cannot be sold without one. Your healthcare provider is the ideal person to decide whether you should be on Axcion, regardless of whether you fit the ideal user profile. He should also tell you how long you should take the medication.Now, remember that the Axcion medication doesnt work by itself it has to be coupled with regular physical activity and a strict diet. A certified fitness instructor and nutritionist should also prescribe both the workout routine and the diet.You need a prescription to keep you from dealing with the adverse side effects of Axcion.Axcion is usually taken once a day, but your doctors dosage could be readjusted depending on your response to therapy or medical condition.

Make sure you take the drugs exactly as prescribed by your doctor, do not take any more.If the drugs dont seem to be working for some reason, you should talk to your doctor to find out what to do. Taking more does not make them work better or faster. Chewing the drugs is not recommended, as it pushes them into the system too quickly. Because phentermine has the potential of causing sleep issues, you should take them way before bedtime and store it at room temperature. Axcion is to be used by people who have a BMI of 30 or higher.Axcion refers to the packaging, if you forget to take a dose, two things can be done: when you remember to skip it and take the next one. Never take two doses at once to make up for a dose you missed, do not take Axcion diet pills with other appetite suppressants, and do not consume alcohol while taking the effects. It is not prudent to engage in any activity that requires alertness and focused attention when you take Axcion. Phentermine is a stimulant, similar to an amphetamine.Axcion Side Effects Based on ResearchInformation published in StatPearlsclaims, the side effects could be mild, in which case, a user might experience dizziness, mild headache, diarrhea, and possible trouble sleeping. But when they are severe, effects could be as follows:ConfusionSevere headacheShortness of breathBlurry visionStomach issuesHowever, the company states that if you begin to experience severe side effects, seek immediate medical attention.Axcion and Weight Loss: A Proven Connection?Weight Loss and Axcion aren't precisely directly related. Taking Axcion will not automatically lead to weight loss, and taking Axcion alone doesnt work. What happens is that the pills conditions you to eat less, but the main ingredient also works on the brain as a norepinephrine reuptake inhibitor, so more of this mood-altering hormone stays present in mind, according toIntegrative Medicine.Your eating less, coupled with a strict diet and workout routine, leads to weight loss. This is why no good doctor will prescribe just Axcion alone as a complete weight loss method. This supplement is recommended for obese people with a BMI of 30 or higher.Through this research into the impact of taking phentermine long-term shows no increased risk of cardiovascular health problems, at least according to the journalObesity, doctors still tend to err on the side of caution and prescribe the drug for as short a duration as possible to reach clinically significant weight loss.Cost and Where to Buy AxcionAxcion is reportedly manufactured in Germany and exported to Mexico. Their website is also based in Mexico. You can contact customer service through an online contact form on their website or by dialing 1-800-455-7199. The average weight loss per month is about 3.5 pounds. Axcion is a prescription drug, it is not easily sold at pharmacies. Unfortunately, since Axcion is not readily available in the United States, you'll need to purchase it from an international supplier. Axcion AP 30mg tabs for \$132.99 and Axcion C 30mg tabs for \$115.50. The United States Axcion prescription is not readily available. Phentermine is being sold on different online platforms, but it is certainly not legal, and its use can be hazardous. Additionally, its packaging status means it is usually not associated with any refund policies.Axcion Drug InteractionsThere are some medications or chemical compounds that Axcion can have an interaction with. If you've taken any within the year, you should tell your doctor when asking for a prescription.Caffeine, chocolate, and chocolate-based products should be taken in moderation or taken in reduced quantities, as they could also lead to interactions.Axcion Alternatives to ConsiderThere are all sorts of weight loss and appetite suppressants on the market besides Axcion. Some of them include:GlucomannanIt is a fiber found in the roots of Elephant yam. So when you take it in, it absorbs water and becomes gel-like. According to theBritish Journal of Nutrition, this creates a sense of fullness, which helps cut down your food intake. It has been proven to work not just for weight loss but for other health purposes.However, its primary function is to serve as an emulsifier and thickener in food. Like Axcion, it has to be combined with a proper diet to help with weight loss.MeratrimMeratrim(a blend of two herbs: Sphaeranthus Indicus and Garcinia Mangostana) is a pill that is supposed to make it harder for fat cells to multiply and help burn stored fat.A single test carried out shows that the drug works, without side effects, but that is still not certain. Though Meratrim and Axcion both aim to help with weight loss, they attack the problem in different ways.Meratrim is a fat-burning pill, according to Lipids in Health and Disease, while Axcion is an appetite-suppressant. The results of Meratrim are supposed to begin to show within two weeks.PhenQPhenQ is a relatively new weight loss pill that works in the same way that Axcion does, but with added functions. While Axcion is restricted to just suppressing appetite, PhenQ also targets fat weights. The results of PhenQ are supposed to begin to show within two weeks. However, PhenQ is not a miracle pill. It should always be combined with healthy lifestyle changes to achieve the best results. Minimum expected weight loss on phentermine is 5% of body weight in three months (1). That translates to a predicted weight loss of 15 pounds for someone with a starting weight of 200 pounds, or at least 12.5 pounds for a person who starts at 250 pounds. Here are the short-term weight loss goals for patients at different starting weights: Starting Weight (lbs)Short-Term Goal (-5%)Pounds to Lose1401337160152818017192001912022091124022812260247132802661430028515 While these modest weight loss goals may seem disappointing to some more-ambitious dieters, it is healthier (and more sustainable) to lose weight slowly and steadily. Rapid, dramatic weight loss may be rewarding short-term, but it is much harder to maintain and puts you at an increased risk for lean muscle loss and nutritional deficiencies. Unfortunately, the short-term nature of this medication makes many patients feel like they need to lose as much weight as possible, as quickly as possible. Phentermine is only FDA-approved as a short-term treatment for exogenous obesity, meaning that it should not be taken for more than 12 weeks at a time (4 , 5). However, if someone has more weight to lose than proves realistic in 12 weeks time, many doctors will prescribe phentermine off-label for longer periods of time or give patients multiple rounds of treatment punctuated by 1-2 month breaks. Every patient loses a different amount of weight, and loses weight at a different rate while taking this medication. However, clinical trials and years of patients self-reported results give us a good idea about the average weight loss while taking phentermine. Below you will find the latest information about average weight loss on phentermine in a week, month, three months, six months, and one year.

The average weight loss per week on phentermine is about 1-4 pounds, based on both clinical research and user reviews. Studies indicate weekly weight loss trends towards the lower end of this range, while patients self-report more rapid weight loss. How much weight is that?A 15 oz can of beans weighs about one pound. Weight loss varies significantly between individuals, but research shows that phentermine users can expect to lose about 3-5 pounds per month [6-8]. This is a healthy rate of weight loss that allows the body to burn fat while also maintaining valuable lean muscle tissue (5). Still, users self-reports indicate that average weight loss on phentermine in a month is closer to 5-10 pounds, or even more. Younger, heavier, and more active patients tend to lose weight faster than their older, lighter, or more sedentary counterparts. How much weight is that?A gallon of milk weighs about 8.6 pounds. Users who have taken phentermine off-label for six months of continuous treatment, or who have been prescribed two separate rounds of phentermine with a break in-between, self-report an average weight loss of 55 pounds (10). When broken down, that is an average loss of just over nine pounds per month. How much weight is that?5 medium-sized bowling balls weigh about 50 pounds. In a 1968 study, patients treated with 30mg phentermine resin (Duromine) plus a low-calorie diet lost an average of 27 pounds in nine months (11). That converts to about three pounds per month or about 36 pounds per year. However, based on more recent phentermine before and after stories submitted online, the self-reported average phentermine weight loss in one year is closer to 65 pounds or a little over 5 pounds per month (10). How much weight is that?The average car tire weighs 22 pounds. Qsymia, a brand name combination of phentermine HCL and topiramate-ER, is one of the most effective weight loss medications on the market (12). A 2012 study found that patients who took the highest dose of phentermine-topiramate (15 mg phentermine HCL + 92 mg topiramate-ER daily) lost significantly more weight than those who took a lower dose of phentermine-topiramate or a placebo. In fact, subjects taking the highest dose of phentermine-topiramate lost almost 11% of their starting body weight over the course of the 56-week trial (as compared to 5% and 1.5% in the lower dose and placebo groups, respectively). Given that the starting weight in this group was an average of 253 pounds, that translates to an almost 28-pound weight loss in just one year (13). A subsequent study in 2016 supported these results, reporting that over 75% of patients on combined phentermine and topiramate treatment lost at least 5% of their body weight during the one-year trial period (12). 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Association of Pharmacological Treatments for Obesity With Weight Loss and Adverse Events.JAMA, 315(22), 2424. doi:10.1001/jama.2016.7602 Allison, D. B., Gadde, K. M., Garvey, W. T., Peterson, C. A., Schwiers, M. L., Najarian, T., Day, W. W. (2011). Controlled-Release Phentermine/Topiramate in Severely Obese Adults: A Randomized Controlled Trial (EQUIP).Obesity, 20(2), 330-342. doi:10.1038/oby.2011.330 Does PhenQ really deliver when it comes to fat loss? Heres everything you need toIs Lipodrene or Hi-Tech Pharmaceuticals a legit Ephedra fat burner? Heres everything you need toIs Phentermin-D from Lazarus Labs the best alternative to prescription diet pills? Heres everything yous Instant Knockout Cut a fat burner only for combat athletes trying to cut weightClenbutrol delivers big when it comes to burning fat without sacrificing lean muscle mass.

HeresZocrax contains a patented blend of ingredients clinically proven to have positive effects on weightPhentermine is a central nervous system stimulant that can help patients lose weight by creating a biological response similar to flight or fright. This response leads to decreased appetite, increased energy, and increased metabolism, making weight loss faster and easier. The average weight loss on phentermine is about 3.5 pounds per month, with most cases involving patients to meet their goals. In the first week of taking phentermine, a significant percentage of weight loss can be expected. The average weight loss after 3 months is 3 pounds, followed by 5 pounds over 6 months (1). That converts to about three pounds per month or about 36 pounds per year. However, based on more recent phentermine before and after stories submitted online, the self-reported average phentermine weight loss in one year is closer to 65 pounds or a little over 5 pounds per month (10). How much weight is that?The average weight loss per week on phentermine is about 1-4 pounds, based on both clinical research and user reviews. Studies indicate weekly weight loss trends towards the lower end of this range, while patients self-report more rapid weight loss. How much weight is that?A 15 oz can of beans weighs about one pound. Weight loss varies significantly between individuals, but research shows that phentermine users can expect to lose about 3-5 pounds per month [6-8]. This is a healthy rate of weight loss that allows the body to burn fat while also maintaining valuable lean muscle tissue (5). Still, users self-reports indicate that average weight loss on phentermine in a month is closer to 5-10 pounds, or even more. Younger, heavier, and more active patients tend to lose weight faster than their older, lighter, or more sedentary counterparts. How much weight is that?One standard bag of potatoes weighs about 4 pounds. Notably, average weight loss in the first month of phentermine use is morethan weight loss in subsequent months for two main reasons: Stronger stimulant effects. Patients often experience the strongest appetite suppression and most noticeable energy boost in the first couple of weeks of treatment, both of which facilitate greater weight loss. Loss of water weight. People commonly drop pounds faster in the first month of a diet because they lose water weight when their bodies start drawing on glycogen for fuel (7). Yes, it is possible to lose 20 pounds a month on phentermine, but the average user does not achieve this striking weight loss. Individuals that report rapid, dramatic weight loss are usually in their first month of treatment and have committed to major lifestyle changes alongside the medication. Sarah, for example, focused on healthy eating, proper hydration, and regular activity during her postpartum phentermine journey. She lost an impressive 22 pounds in just one month! Read Sarahs story and watch her video here. In one study, patients who took 37.5 mg of phentermine HCL and followed a 1500-calorie-per-day diet lost an average of 16 pounds in 3.5 months. That equates to just under 5 pounds per month (8). Another study found that taking phentermine hydrochloride alone, without any special diet or exercise plan, led to an average weight loss of 8 pounds in 3 months, or about 2.67 pounds per month. However, in this second study, results proved inconsistent, with some patients losing no weight at all and others (especially younger subjects) losing more than 16 pounds (9). How much weight is that?A gallon of milk weighs about 8.6 pounds. Users who have taken phentermine off-label for six months of continuous treatment, or who have been prescribed two separate rounds of phentermine with a break in-between, self-report an average weight loss of 55 pounds (10). When broken down, that is an average loss of just over nine pounds per month. 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HeresZocrax contains a patented blend of ingredients clinically proven to have positive effects on weightPhentermine is a central nervous system stimulant that can help patients lose weight by creating a biological response similar to flight or fright. This response leads to decreased appetite, increased energy, and heightened metabolism. Approximately one-third of patients experience less than a 3% weight loss in the first three months of treatment. A 2021 study indicated an average weight loss of 16.5 pounds after three months of treatment, with 10.15% of patients losing at least 30% of their starting weight. The average weight loss after three months is 3 pounds, followed by 5 pounds over 6 months (1). All of these effects work together to help patients lose weight faster and easier. Still, phentermine is not a miracle pill. It should always be combined with healthy lifestyle changes to achieve the best results. Minimum expected weight loss on phentermine is 5% of body weight in three months (2). This translates to a predicted weight loss of 15 pounds for someone with a starting weight of 200 pounds, or at least 12.5 pounds for a person who starts at 250 pounds. Here are the short-term weight loss goals for patients at different starting weights: Starting Weight (lbs)Short-Term Goal (-5%)Pounds to Lose1401337160152818017192001912022091124022812260247132802661430028515 While these modest weight loss goals may seem disappointing to some more-ambitious dieters, it is healthier (and more sustainable) to lose weight slowly and steadily. Rapid, dramatic weight loss may be rewarding short-term, but it is much harder to maintain and puts you at an increased risk for lean muscle loss and nutritional deficiencies. Unfortunately, the short-term nature of this medication makes many patients feel like they need to lose as much weight as possible, as quickly as possible. Phentermine is only FDA-approved as a short-term treatment for exogenous obesity, meaning that it should not be taken for more than 12 weeks at a time (4 , 5). However, if someone has more weight to lose than proves realistic in 12 weeks time, many doctors will prescribe phentermine off-label for longer periods of time or give patients multiple rounds of treatment punctuated by 1-2 month breaks. Every patient loses a different amount of weight, and loses weight at a different rate while taking this medication. However, clinical trials and years of patients self-reported results give us a good idea about the average weight loss while taking phentermine. Below you will find the latest information about average weight loss on phentermine in a week, month, three months, six months, and one year.

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In fact, subjects taking the highest dose of phentermine-topiramate lost almost 11% of their starting body weight over the course of the 56-week trial (as compared to 5% and 1.5% in the lower dose and placebo groups, respectively). Given that the starting weight in this group was an average of 253 pounds, that translates to an almost 28-pound weight loss in just one year (13). A subsequent study in 2016 supported these results, reporting that over 75% of patients on combined phentermine and topiramate treatment lost at least 5% of their body weight during the one-year trial period (12). Back to Phentermine Reviews and Results References National Center for Biotechnology Information. PubChem Compound Database: CID=4771 (Phentermine). Apovian, C. M., Aronne, L. J., Bessesen, D. H., McDonnell, M. E., Murad, M. H., Pagotto, U., Ryan, D. H., & Stull, C. D. (2015). 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Controlled-Release Phentermine/Topiramate in Severely Obese Adults: A Randomized Controlled Trial (EQUIP).Obesity, 20(2), 330-342. doi:10.1038/oby.2011.330 Does PhenQ really deliver when it comes to fat loss? Heres everything you need toIs Lipodrene or Hi-Tech Pharmaceuticals a legit Ephedra fat burner? Heres everything you need toIs Phentermin-D from Lazarus Labs the best alternative to prescription diet pills? Heres everything yous Instant Knockout Cut a fat burner only for combat athletes trying to cut weightClenbutrol delivers big when it comes to burning fat without sacrificing lean muscle mass.

HeresZocrax contains a patented blend of ingredients clinically proven to have positive effects on weightPhentermine is a central nervous system stimulant that can help patients lose weight by creating a biological response similar to flight or fright. This response leads to decreased appetite, increased energy, and heightened metabolism. Approximately one-third of patients experience less than a 3% weight loss in the first three months of treatment. A 2021 study indicated an average weight loss of 16.5 pounds after three months of treatment, with 10.15% of patients losing at least 30% of their starting weight. The average weight loss after three months is 3 pounds, followed by 5 pounds over 6 months (1). All of these effects work together to help patients lose weight faster and easier. Still, phentermine is not a miracle pill. It should always be combined with healthy lifestyle changes to achieve the best results. Minimum expected weight loss on phentermine is 5% of body weight in three months (2). This translates to a predicted weight loss of 15 pounds for someone with a starting weight of 200 pounds, or at least 12.5 pounds for a person who starts at 250 pounds. Here are the short-term weight loss goals for patients at different starting weights: Starting Weight (lbs)Short-Term Goal (-5%)Pounds to Lose1401337160152818017192001912022091124022812260247132802661430028515 While these modest weight loss goals may seem disappointing to some more-ambitious dieters, it is healthier (and more sustainable) to lose weight slowly and steadily. Rapid, dramatic weight loss may be rewarding short-term, but it is much harder to maintain and puts you at an increased risk for lean muscle loss and nutritional deficiencies. Unfortunately, the short-term nature of this medication makes many patients feel like they need to lose as much weight as possible, as quickly as possible. Phentermine is only FDA-approved as a short-term treatment for exogenous obesity, meaning that it should not be taken for more than 12 weeks at a time (4 , 5). However, if someone has more weight to lose than proves realistic in 12 weeks time, many doctors will prescribe phentermine off-label for longer periods of time or give patients multiple rounds of treatment punctuated by 1-2 month breaks. Every patient loses a different amount of weight, and loses weight at a different rate while taking this medication. However, clinical trials and years of patients self-reported results give us a good idea about the average weight loss while taking phentermine. Below you will find the latest information about average weight loss on phentermine in a week, month, three months, six months, and one year.

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